

Course Offerings:

Introduction to Shamanic Journeying

In this four hour class participants will learn an overview of Shamanism: where it comes from, and how it is expressed in the modern world. Participants will experience 2-3 shamanic journeys and be introduced to the shamanic view and treatment of illness. There will be three of these one time courses offered in 2010.

Dates: Jan 30, 2010; May 15, 2010, and Sept 18, 2010.

Time: 1-5 p.m.

Cost: \$50 for new participants, \$25 for repeat participants, and free for repeat participants if they bring someone new. \$25 for Acupuncture Students.

Registration deadlines: Jan 15, 2010 for first class, May 1, 2010 for second class, and Sept 3, 2010 for third class.

Introduction to journeying with the spirit of the acupuncture points

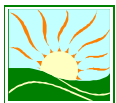
This course is designed for Acupuncturists, Acupuncture students, or Shiatsu practitioners or students. It is recommended that participants attend an Introduction to Shamanic journeying before attending this class, but not required. The Ancient Asians named the Acupuncture points and told us there were spirits associated with those points. In this intro, the participants will have several experiences journeying to points and will have an opportunity to decide whether or not they would like to continue with the full course, which meets four times. Participants of this intro will take away a deeper relationship with the points they journeyed to, which can be used to enhance their intention in the treatment room.

Date: February 20, 2010

Time: 1-5 p.m.

Cost: \$50

Registration deadline: February 1, 2010



Journeying to the Spirit of the Acupuncture Points

This course is designed for Acupuncturists, Acupuncture students, or Shiatsu practitioners or students. It is recommended that participants attend either the Introduction to shamanic journeying class or the Introduction to journeying with the Spirit of the Acupuncture points, but not required.

In this four part course, participants will have meaningful interactions through shamanic journeying with many points which are used regularly in the practice of Acupuncture or Shiatsu. New information about the points won't be given, however the experiences which will be expressed via writing, song, art, or poetry, will greatly enhance the practitioner's ability to use intention in the treatment room and amplify the treatment. **This course must be taken as a whole, not four separate workshops.**

Dates: 3/27; 5/1; 6/5; & 7/10, 2010

Time: 10 a.m.—4 p.m. (Lunch break 1 hour)

Cost: \$340, payable in 4 installments of \$85

Registration deadline: March 1, 2010

Wild Women Workshop

This course is for women only. Using the work of Clarissa Pinkola Estes in her book, Women who Run with the Wolves, we will journey for understanding of the various archetypes from the legends in Ms. Estes book. The journeys will be expressed in writing, art, song and poetry with the purpose of helping the participant to reclaim the power of their intuition, and feminine strength. The class is taught in four parts which build on each other, with ongoing projects. Reading or listening to the book is recommended, not required. **This course must be taken as a whole, not four separate workshops.**

Dates: 2/6, 2/27, 4/3 & 5/8, 2009

Time: 11:00 a.m.—5:00 p.m., followed by a potluck dinner each meeting.

Cost: \$340, payable in 4 installments of \$85

Registration deadline: Jan 15, 2010

Soul Healing Workshop

Shamanic cultures teach us that when trauma happens to us, part of our soul (energy or essence) breaks off and leaves to escape the full impact of the trauma. It is actually a coping mechanism we do. The problem is that it leaves us fragmented and vulnerable to illness and misfortune.

Practitioners of Shamanic healing perform what is called a Soul Retrieval and bring these lost pieces back to help restore health and wellbeing. Most of us in this culture are fragmented. Signs of this fragmentation are: feeling like you are watching your life go by as a spectator, feeling like you detach and become distant when you want to be intimate or close to someone, feeling like you haven't been the same since (fill in the blank ex. divorce, death of a loved one, car accident, etc.)

In this course each participant will receive a Soul Retrieval—a valuable healing. We will then spend time journeying to discover the behaviors and habit patterns that were developed to cope with the Soul Loss and look for ways to shift those patterns.

This course is very healing for the participant, and previous participants have even referred to this course as life changing.

Date: Sat & Sun 10/9/10 & 10/10/10

Time: Sat 10 a.m.—8 p.m. and

Sun 10 a.m.—4:00 p.m.

Cost: \$315, includes lunch on Sat & Sun and dinner on Sat.

Registration deadline: September 15, 2010



Shamanic Coaching

Do you ever feel like you want to help someone and just don't know how? You offer suggestions and either they don't sound right to you or the other person, or the other person has excuses of why whatever you suggest just won't work.

In this course you will learn how to guide someone to find the answers from spirit on their own. You'll learn how to teach someone to journey and establish their own spirit coaches. You'll learn how to teach them the most effective questions, and how to figure out the answers from the metaphors shown in journeys.

This is a wonderful course for those who are already healers, it offers another technique to work with a client.

You must already know how to journey to take this course, and the course must be taken as a whole, not 3 separate workshops.

Dates: 4/10; 5/22; & 6/19, 2010

Time: noon-5 p.m.

Cost: \$195, payable in 3 installments of \$65.

Registration deadline: March 20, 2010



To register for any classes, call

410 961-9033 or email

spiritpoint@sprintmail.com.

To find out more about Deanna, please visit our website:

www.heartfirehealingjourneys.com

The short classes will be held at Deanna Slate's home in Annapolis, MD or a meeting space in Columbia, MD, depending on the number of enrollment. The longer courses, including the 2-year class will be held at a retreat center in western MD.

Two-year Advanced Training in Shamanism

Traditionally Shamanism was taught by master to apprentice in villages or tribes. A Shaman acted as the healer and teacher for his or her community. In our culture, we are no longer indigenous people. We are mostly city dwellers, living in a high paced, information age and consequently feel very separate from nature or the natural world. Current day Shamanism is often taught in the form of workshops, where the student goes away for a weekend and has an ecstatic experience. Then goes home and never sees the teacher or the fellow classmates again. Soon the experience wears off and they forget what they learned until the next "high." What I am offering in this two year class is a way to be part of a community for at least two years, while learning old and new traditions that will enhance your life and healing abilities. While I use a weekend format, the same group of students meet each time, and as the teacher, I am available throughout the whole program. As teacher I hold a specific role which is no more and no less important than any other member of the community. Spirit is the center of the circle, not me.

This is a residential program which will meet at a retreat center in Western, MD. The meals will be prepared and cleaned up for us by the retreat center, so that we can focus solely and "souly" on our work. We will have the beauty of nature away from our everyday lives, while still nurturing the relationships that we form as a group.



In this two year class we will bond with each other as a family, and the friendships that form during this class will likely last a lifetime. If you become a part of this class, be prepared to have your heart open and to be touched deeply. Not only will you learn techniques of healing and empowerment, you will work on your own hurts and scars to become a hollow vessel for Spirit to work through you, for the benefit of yourself, your family and the future generations of our beloved Mother Earth.

What the class covers

- **Soul Retrievals (how to do them, how to follow-up)**
- **Extractions**
- **Psychopomp (how to help stuck spirits of the deceased move on.)**
- **Drum-birthing (You will have a finished drum to keep for your whole life.)**
- **How to create sacred space, ritual and ceremony and how to hold that space**
- **Various initiations designed to help you go deeper with Spirit**
- **Plant Medicine (not herbology.)**
- **Channeling**
- **Eclectic healing techniques from around the world.**

Dates for first Year of 2-year class:

1st weekend.....Nov 14-16, 2010
2nd weekend.....Feb 11-13, 2011
3rd weekend.....May 6-8, 2011
4th weekend.....Sep 23-25,2011

2nd year dates will be decided among group.

To register for 2-year class an application and essay must be completed, and there will be an interview process. Deadline to apply is September 15, 2010. Because the application and screening process is more involved early registration is recommended.

Cost of program: \$375 per weekend, which includes room, food, and supplies for making drums. Program total: \$3000.

A \$100 deposit is required with application, it will be returned if you are not accepted into the program, it is non-refundable if you change your mind.



HeartFire Healing Journeys
504 Knollwood Drive
Annapolis, MD 21401

www.heartfirehealingjourneys.com

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410 961-9033



HeartFire Healing Journeys Presents:

Shamanic Classes
With
Deanna Slate

